

Jawaherna

January 2018, Issue N° 12

*Wish you a happy journey
ahead*



Click by Mohammed Zabeel

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**Discovery of a new
planet**

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**Wi-Fi your print
needs**

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Let's go - QNL



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@QAFCOpr



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QAFCO celebrates Qatar National Day





Glimpses from Qatar National Day celebrations from across Qatar

The above pics courtesy Edi Santoso



The above image courtesy Tanveer Ahmed



Furqan Ahmed with one of the participants on Qatar National Day celebrations.



Sons of Imran Ali Raja on Qatar National Day



The above image courtesy Furqan Ahmed

QAFCO Shutdown coordination Meetings



QAFCO gate pass office organized a Meeting on 14th December 2017 at Al-Banush Club, with Mesaieed Industrial City (MIC) officers and QAFCO contractors who are participating in Q-2 shutdown. The objective of the meeting was to discuss the gate pass process during Q-2 shutdown.

QAFCO Awarded for Excellence in Food Control and Hygiene



Qatar Fertiliser Company (QAFCO) was awarded the certificate of appreciation, "For Compliance and Excellence in Execution of Food Control and Hygiene Regulations during the year 2017" by Mesaieed Industrial City directorate during the 5th Annual Food Control & Hygiene Awareness session held on the theme "A Proactive approach to food safety."

Mesaieed Industrial City Directorate and Public Relations and Communications Department organized the session. The event was organized to create awareness for developing food safety innovations that can ensure public health and consumer protection.

KAFU Awards

The 'KAFU Award Program' is designed to recognize special contributions, as they occur, for a specific task or project. Kafu Awards are generally for a special contribution accomplished over a relatively short time period. The award lets employees know that someone has noticed their noteworthy contribution, at the same time, it recognizes and reinforces the behavior and values that are important to the Company.



HARI SOEMPONO

In recognition for the excellent contribution in carrying out "Root Cause Analysis of Urea -4 Pool Condenser and Stripper corrosion issues" and "Close Follow-up of Repair activities of pool Condenser" during shut-down Nov 2017.



ASHMILA DHEVI



R BALASUBRAMANIAN



BHANU JAIN

In recognition for winning the Fog Awareness Competition for the month of November 2017.

KAFU Awards



ADEL AL MALKI



SOORAJ KAVIL



KHALID AL SHEEB



HUSSAM SHOUKI

In recognition of the continuous and extraordinary contribution for all the arrangements required for "QAFCO Deep Dive" exercise, which has been performed smoothly and in a well-planned manner.



HUSSAIN HASSAN



ARNOLD LOBO



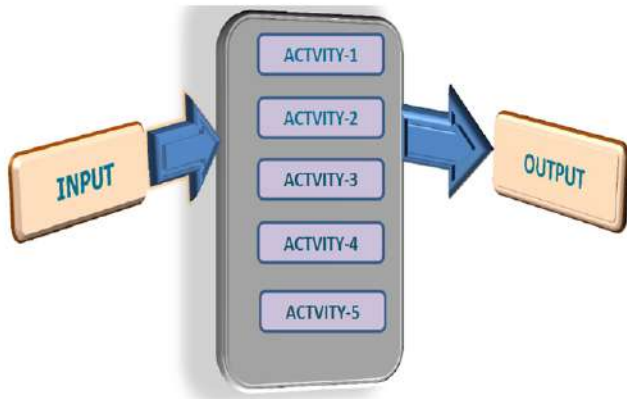
ASHMILA DHEVI

Please do not forget to send your valuable contributions for "Safety moment" to Safety Section (HSEQ Department/SEQ/QAFCOSAQ) by 3rd week of every month. The selected theme will be eligible for KAFU Award.

Q-zone

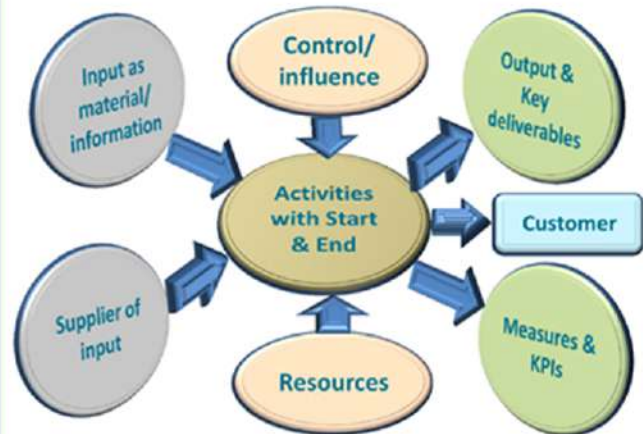
LET'S GET SET WITH OUR PROCESS MAPS AND KEY PERFORMANCE INDICATORS FOR 2018

1. What is a Process?



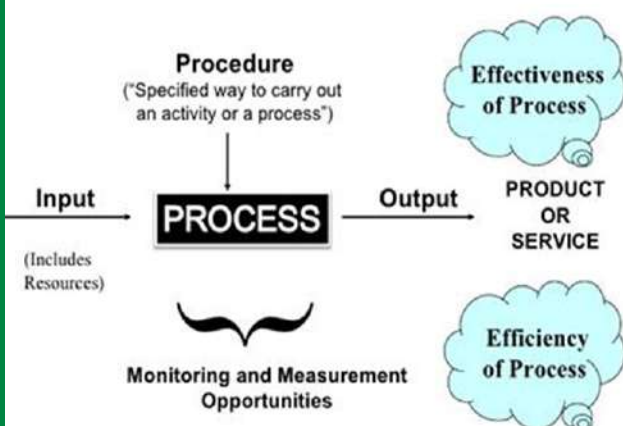
Process is a set of Interrelated/interacting activities that transforms input into output

2. Dimensions in a Process Map



Process mapping is a system to capture the steps in a process along with its dimensions to explain the process.

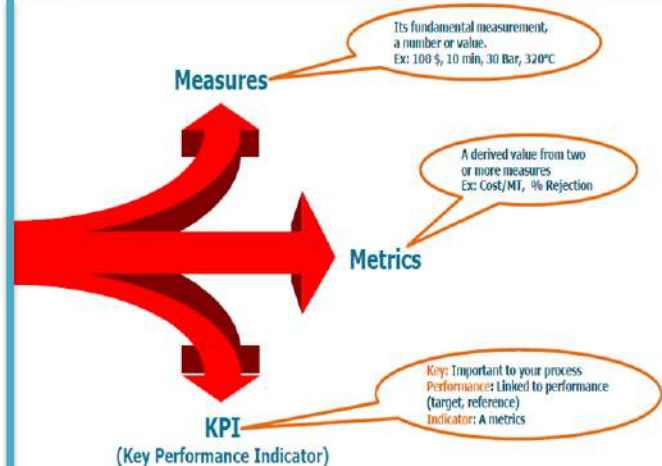
3. Process & Contributing Factors



"If you can't describe the steps that you are doing in a process, you don't know what are you doing"

Dr. Edward Deming

4. Process Measurement



"If You can't Measure It, You can't Improve It" and "You can't manage, what you can't measure"

Peter Drucker

Contact Quality Section on 8723/8189/8811 for further information

Hello! Haris Muhammed

Jawaherna caught up with Mr. Haris Muhammed, Warehouse Officer, QAFCO. A volleyball player par excellence and the man behind QAFCO Volleyball Tournament. Apart from that he is a voracious reader and a writer as well.



First thing, that comes to your mind when you think of QAFCO?

QAFCO is a team moving forward with a strong will, clear aim and uttermost determination.

Tell us about your family?

We come from Kerala, India. My family has five members. My wife Sajitha is a house wife and our three children Shakeel, Shameem and Shauna are studying.

What are your hobbies?

My favorite pass time is volleyball. I started to take interest in volleyball when I was 12 years old. Volleyball was very popular at my village and my family and relatives encouraged me to learn and play the game. Started with playing small tournaments that lead to me to some proud moments like representing Kerala state junior team and Andhra Pradesh senior team at national level matches. Besides I have played in a number of club/college/university level championships. In Qatar, I have played volleyball for Al Wakra sports club during the Qatar Volleyball League for nearly 10 seasons.

Other than volley ball, I like to find time for reading, writing and listening to music .

Which is your favorite place to spend your vacation and why?

My favorite place to spend my vacation is my native place with my parents, family and friends. Kozhikode

is my birth place which will always hold an important place in my heart. (Kozhikode is a historical place where the Portuguese explorer Vasco da Gama the first person to navigate a sea route to India landed) The monsoon season here is a rejuvenating experience to be in nature's embrace with abundant natural beauty and lush greenery. I wish to travel and visit other countries and places to see and feel the nature and the variety of life .

The volley ball tournaments were very popular in QAFCO once, tell us more about it.

Yes. It is True .The involvement of employees and their families in QAFCO Annual volleyball tournament (initially it was called as QAFCO Ramdan volleyball tournament) was amazing. All the matches played in this annual event were exciting. Participants, spectators all enjoyed it. Matches were played at Al Banush or in Al Maha grounds. It was nice to see the players and supporters in different colors under QAFCO section/department names for a friendly fight. I feel proud to be part -with other QAFCO employees , organizing members- of this event.

Concluding words

Qatar with its fantastic sports facilities encourages every one to participate in sporting activities with colleagues ,friends and family.

Thus to conclude, make sports a way of life.

Make sports a way of life.

SHARE YOUR STORY

You have a story to tell, or an occasion to share, inspire or celebrate?

Then this is the place for you. Send your story to pr@QAFCO.com.qa , and we will be glad to publish it.



Congratulations!
Fatima Al-Sayegh,
IT Project Lead/IT Dept.
On receiving Masters
Degree in Strategic Business
Unit Management from HEC
Paris University .



**Emiri Diwan, the administrative office of
The Emir H H Tamim bin Hamad Al Thani,
has launched an official website in Arabic and
English with friendly and interactive layout.
You may access website at diwan.gov.qa**

Planet discovered

Qatar Exoplanet Survey (QES), a research project by Qatar National Research Fund, Qatar Foundation and Hamad Bin Khalifa University have announced the discovery of a new planet – “Qatar 6b.” The discovery was published in the International Astronomical Journal, one of the world’s foremost journals in astronomy and astrophysics.

The latest discovery of Qatar 6b adds a rare specimen of planet to the nation’s list of discoveries made in its new history of space exploration.

Tech Zone

Canon PIXMA

A versatile printer says Aasim Sayed

The Canon PIXMA TS6020 Wireless Inkjet All-In-One Printer is the everyday printer that's up to the task. Depend on it to print term papers, shipping labels, envelopes, concert tickets, or fun family photos and be confident that they'll all look great. This small, versatile, multi-function printer is an easy fit wherever you decide to place it in your home.



Features

- ⇒ Versatile Paper Support with front and rear paper feeding ability.
- ⇒ Effortless control with the 3.0" LCD Touch Screen & Enhanced User Interface.
- ⇒ With the Canon PRINT app⁶ conveniently print from your favorite mobile devices
- ⇒ Never wait for your prints with Fast Print Speeds 12 up to 15.0 ipm black pages and 10.0 ipm on color pages.
- ⇒ Print beautiful Borderless Photos⁵ effortlessly.
- ⇒ With Auto Power On/Off the PIXMA TS6020 is ready to print whenever you are.
- ⇒ Print and Scan from any room in the house with seamless Wi-Fi Support¹.
- ⇒ View the most popular events in Qatar
- ⇒ Share Events with Your Friends

OS Compatibility

Windows: 17 Windows® 10, Windows 8, Windows 8.1, Windows 7, Windows 7 SP1,

Mac: 18 Mac OS® X v10.8.5 - macOS v10.12 (Sierra)

Mobile Operating Systems: 19 iOS®, Android™, Windows 10 Mobile, Windows RT20, and Amazon Fire devices²¹

Source: <https://www.usa.canon.com/>

What is it?



1. A show piece
2. A plastic lamp
3. A living plant lamp
4. A watch
5. None of the above

Answer to last month's question

3. A substitute phone

Tender coconut suffle

Recommended by Mrs Kripaya Nair



Ingredients:

Milk -500ml
Sugar -125gm
Gelatine -20gm
Corn flour -20gm
Tender coconut -1no
Whipping cream -200gm
Moulding cups [10 to 15no]

Method:

Boil Milk,sugar, together in a pan.
Separately mix the corn flour in a bowl with little milk like a batter.
Add the corn flour to the boiling milk and make thick consistency
And remove from the flame. Add the gelatine to the mixture.
Make smooth paste of tender coconut pulp in a mixing blender, and add to the mixture and make it cool.

In a round bowl put the whipping cream, beat well with a whisk till it gets puffy consistency.

Method for jelly:

In a pan add 500ml tender coconut water, 25gm sugar, 25gm Gelatine.
Boil well still the sugar melts.
Pour the mixture in each small moulding cups and cool well, to form a thin layer.

Method for finishing:

Add the whipping cream to the milk mixture and mix well.
Pour the mixture in each mould. Cover and re-frigerate.[3to5 hrs] to set.
Demould in a plate and serve chilled.

The recipe is from Maison Perumal restaurant, Puducherry, India

physical health

Yoga tips by Ramanathan



Pawanmuktasana

Benefits:

Most beneficial yoga for the personal who is suffering from digestion related problems and gastric trouble.

It strengthens the stomach muscles and releases trapped gases from the food path.

Improves Liver and Pancreas function.

How to do?

Start with single leg folding as shown below. (Repeat for both legs)

Lie down on the mat, breath-in fold right leg and hold by both hands

Hold your breath press your thigh towards your stomach

Breathing out raise your head towards your knee. In this position Breath-in and out normally for 3-4 rounds (Feel the movements in your stomach, stretching of neck & back muscles while breathing in & out).

Breath-in return your head to normal position,

while breath-out stretch your leg and relax for 20 seconds and repeat this for left leg. Repeat the set for 2 rounds.

Caution:

Those who have neck pain don't force to do more forward bending.

Attempting this upto your comfortable level, day by day you can move forward.

This exercise will help to reduce your lower back pain.

(Note: Current session of yoga classes in Al-Bhanush Club ended on 30 December. Starting of next session will be notified to members through email. You may also visit www.sssyoga.com to know more about yoga).

Disclaimer: Jawaherna recommends the reader to consult with the doctor before practicing any of the exercises. The tips provided here are of general nature only and should not be considered as an alternative to medical practitioners advice.

LET'S GO!

Qatar National Library

by Shabuna Thandora from Projects Department

Image courtesy Haris Ibrahim



Image courtesy Shabuna Thandora

The Qatar National Library (QNL), a member of the Qatar Foundation for Education, Science, and Community Development, acts as a steward of Qatar's national heritage by collecting, preserving and making available the country's recorded history. In its role as a research library with a preeminent heritage library, QNL fosters and promotes greater global insight into the history and culture of the Gulf region.

As a public library, QNL provides equal access to all Qatari residents to an environment that supports creativity, independent decision-making, and cultural development. Through all its functions, QNL provides leadership to the country's library and cultural heritage sector. It is an excellent platform for the younger generation to explore the world of reading with one Million books in its collection.

I made a visit to QNL recently and was overwhelmed by the experience.

A kiosk helps one easily register as a member and Membership card is issued immediately by the QNL staff free of cost.

Children can borrow up to 10 books at a time and 4 for adults, for a 3 weeks period.

We can also renew our membership online.

But what stands out is the mesmerizing beauty and ambience of the 45,000 square meters state-of-the-art library building designed to encourage visitors to explore knowledge from the past to the present.

The building also has facilities for individual and group study and research. These facilities is suitable for different age groups and community.

Finally, the building houses a specially designed restaurant, a café, and a special events area to enhance the social and recreational aspect of visitors' experience.

I do recommend all Jawaherna readers to visit and explore QNL.

Al-Banush Craft Competition 2017

Al Banush Club Committee organized the
"Table Al-Banush Craft Competition 2017. .



AL-BANUSH CLUB

Events &
Activities



Photo of the month

Rising above

Pigeon Towers at Katara
by Mohammed Zabeel

Send in your submissions
under this category to
pr@QAFECO.com.qa

Question of the Month

Why are the multi compartment bins being introduced in QAFCO?

Email your answer to pr@QAFCO.com.qa by 13th January 2018 and win exciting prizes. Two Winners will be declared through a draw of lots from the correct entries.



كل عام وأنتم بخير
HAPPY NEW YEAR

2018

To be featured in the next issue of Jawaherna, please send in your submissions by 11th of each month to pr@QAFCO.com.qa



Send "Add me" to **6673 2006** to be up-to-date with all QAFCO news and PR activities.



@QAFCOpr